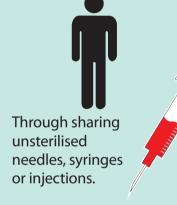
## What to know about...



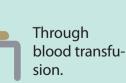


with HIV + person.





HIV mother to child transmission, during pregnancy, birth or breastfeeding.



## WHAT IS HIV AND AIDS

Acquired Immuno-Deficiency Syndrome (AIDS) is a disease caused by a virus known as Human Immuno Deficiency Virus (HIV). The illness changes the immune system by making people much exposed to infections and diseases.

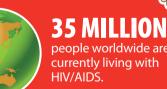


HIV-positive people may not have symptoms of HIV. They will start showing signs and symptoms as they progress towards AIDS.

Without treatment, HIV will eventually beat your immune system. This will lead to you being diagnosed with AIDS.

HIV infection typically follows 3 cycles: acute infection, clinical latency and finally AIDS.

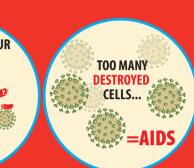
## **GLOBAL HIV/AIDS OVERVIEW**

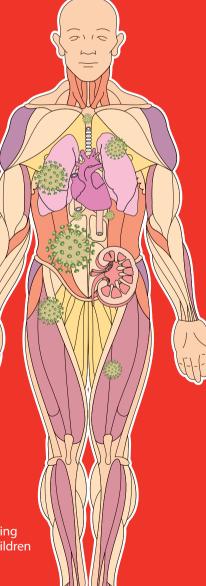


people worldwide are currently living with HIV/AIDS.

## **3.2 MILLION**

children worldwide are living with HIV. Most of these children were infected by their HIV positive mothers during pregnancy, chilbirth or breastfeeding. Source: UNAIDS2013





**HIV DOESN'T SPREAD BY:** 



Swimming





Touching/ Shaking hands.



From toilet seats,

Reach out to the Brunei Darussalam AIDS Council (BDAC): Facebook : Brunei Darussalam AIDS Council Twitter : #BDAIDSCouncil : @BDAIDSCouncil Instagram : penyinarbdac@gmail.com Email

You can also reach the Health Promotion Centre (HPC): Facebook : Health Promotion Centre Instagram : @hpcbrunei : hpcbrunei@gmail.com, hpc@moh.gov.bn Email Website : http://www.moh.gov.bn.bn/hpc

